



## What to do if your clothing catches fire:

**STOP** where you are - moving or running feeds air to the flames and worsens the fire.



**DROP** to the floor - if you stand up, the fire can burn your face. Fold your arms high on your chest to protect your face.



**ROLL** slowly on the floor or ground, in a rug or blanket if you can.



**COOL** off as soon as possible with water for first and second degree burns.



To escape fire, get down low and go, go, go