Delicious Salad Recipe

**Base**
- Lettuce
- Kale
- Chard
- Collards
- Spinach
- Cabbage
- Carrot
- Sprout
- Cucumber
- Apple
- Seeds
- Sweet Potatoes
- Avocado
- Tomato
- Olive

**with Creative Food**
- Watermelon Cubes
- Cheese
- Bacon
- Herb
- Fried Fruit

**with Protein**
- Egg
- Chicken
- Nuts
- Bean

**with Dressing**
- Mustard
- Milk
- Pesto

**with Crunchy Food**
- Carrot
- Sprout
- Cucumber
- Apple
- Seeds

**with Soft Food**
- Sweet Potatoes
- Avocado
- Tomato
- Olive

Use thin sauce to add flavor