



**To my friends who are heartbroken, -
Heartbreaks last as long as you want and cut as deep as you allow them to go.-
The challenge is not how to survive heartbreaks but to learn from them. -**

致伤心欲绝的朋友： -

心碎的感觉，无论是持续的时间还是伤痛的程度， -

都取决于你自己。 -

难以做到的不是在伤痛中坚强存活，而是从中有所收获。 -



Don't be sad.
Learn to love yourself.
Don't frown. You never
know who is falling in
love with your smile.



**Let it go.
Never keep the pain.**

