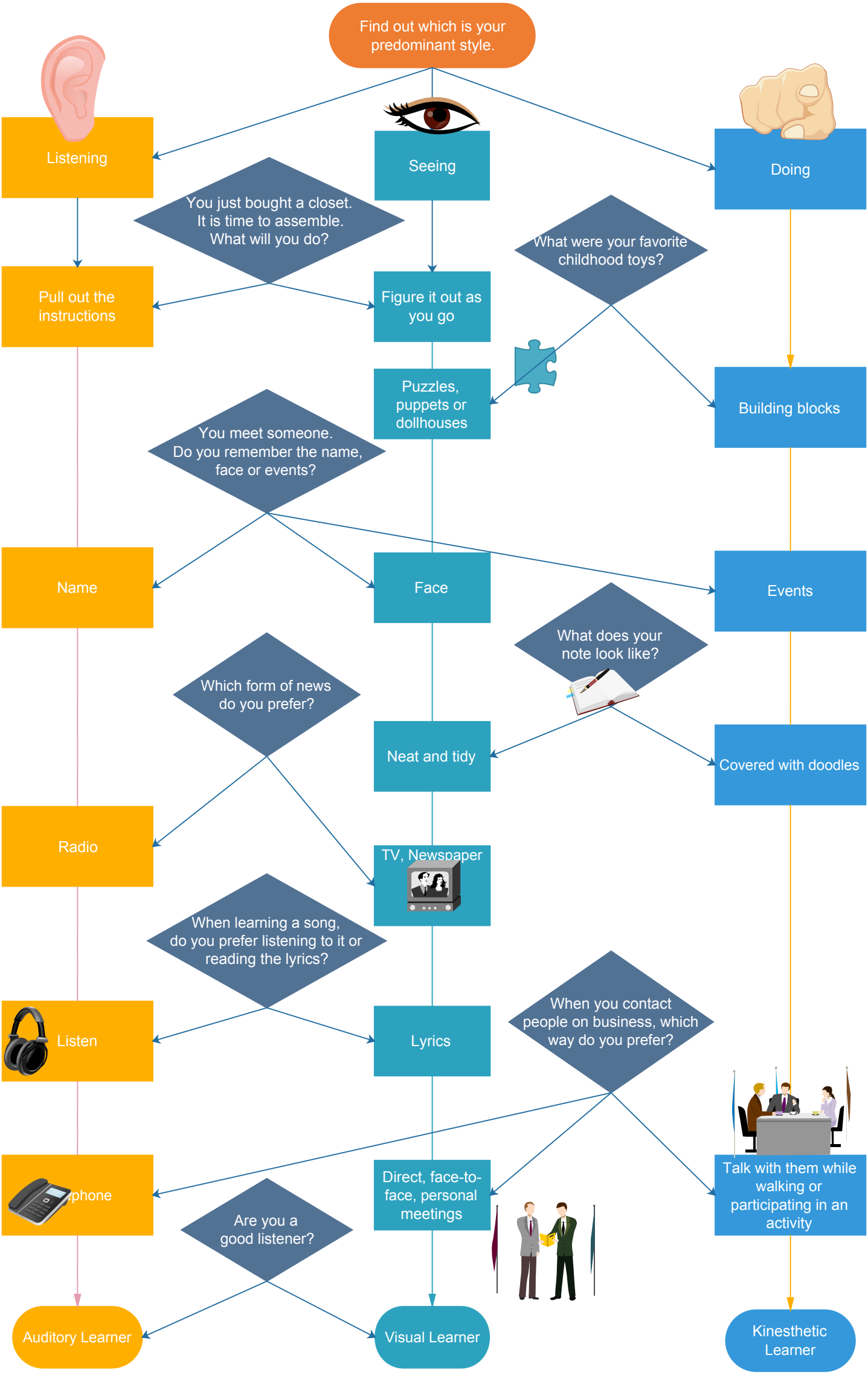
Find out which is your predominant style.
Listening
Seeing
Doing
You just bought a closet. It is time to assemble. What will you do?
What were your favorite childhood toys?
Pull out the instructions
Figure it out as you go
Puzzles, puppets or dollhouses
Building blocks
You meet someone. Do you remember the name, face or events?
Name
Face
Events
What does your note look like?
Which form of news do you prefer?
Neat and tidy
Covered with doodles
Radio
TV, Newspaper
When learning a song, do you prefer listening to it or reading the lyrics?
Listen
Lyrics
When you contact people on business, which way do you prefer?
phone
Direct, face-to-face, personal meetings
Talk with them while walking or participating in an activity
Are you a good listener?
Auditory Learner
Visual Learner
Kinesthetic Learner