**STRNGTHS**

- What professional skills do I have?
- What am I good at?
- What services can I offer but others can't?
- What favorable personalities do I have?
- What resources do I possess?

**WEAKNESSES**

- What am I bad in?
- What should I hone and practice?
- What am I afraid of?
- What are my wrong mindset?
- What are the roots of my failure?

**OPPORTUNITIES**

- What training programs are available?
- Can I receive better education?
- What can my employer offer to improve myself?
- Who can support and help me?
- What are the beneficial policies?

**THREATS**

- What obstacles are in my way to success?
- Who are my competitors?
- What are the new technologies that I don't master?