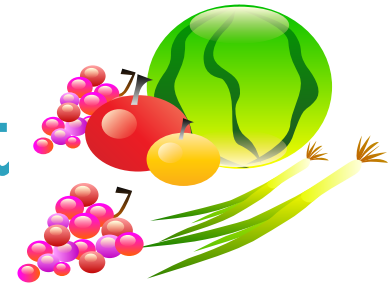
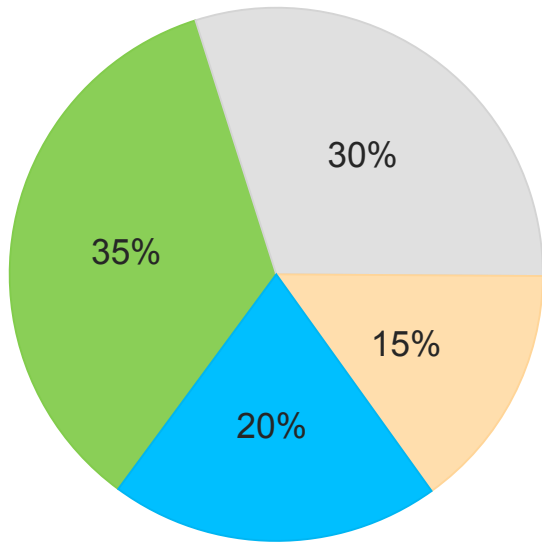


Comparison between Typical American Diet and Healthy Diet



Typical American Diet



● Fat ● Carbohydrate ● Protein ● Sugar



Well Balanced Diet

