

# Baby's First Year

## 1 month

- Hearing is fully developed.
- Keeps hands tight in the fists.
- May respond to familiar sounds.

## 2 months

- Tracks moving objects with his eyes.
- Begins to lift head.
- May start to suck thumb / feast,

## 3 months

- Mimics sounds, expressions and movements.
- Makes eye contact
- Recognizes familiar faces,

## 6 months

- Rolls in both directions
  - back to front
  - front to back

## 5 months

- Learns how to reach with both hands and grasp things with fingers

## 4 months

- May begin teething
- Likely rolls from stomach to back
- May push up to her elbows

## 7 months

- Sees in full color
- Can support own weight with his legs
- Babbles and imitates sounds

## 8 months

- Learns to sit up by himself
- Begins to lean over
- Gearing up for crawling

## 9 months

- Has learned object permanence

## 10 months

- Understands simple instructions
- Remembers favorite toys

## 12 months

- Can probably self-feed
- Stands without support
- Able to speak a few words like "Mama"
- Understands simple commands
- May walk 2 or 3 steps

## 11 months

- Recognizes objects
- May know how to stand, scoot and cruise